

Location

The Telethon Speech & Hearing Private Psychology Clinic is located at the Bendat Parent & Community Centre, 36 Dodd Street Wembley.



The Bendat Parent and Community Centre (BPCC) is 7 minutes from the Perth CBD and a short walk from Glendalough Station on the Joondalup train line.

Free onsite and street parking available.

Therapy Sessions

We offer individual or group consultations to assist you, your family or your child. We talk through and determine the cause of any social, physical or mental health problems you may be experiencing, and help you create a path to lasting positive change.

Contact

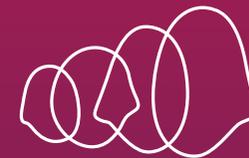
For more information, please contact:

Clinical Leader - Psychology

(08) 9387 9888

speech@tsh.org.au

All information is correct at time of print.



Telethon Speech & Hearing

Counselling & Psychology Services



Telethon Speech & Hearing

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TSH Psychology Clinic

Our psychologists are trained to talk with people about their problems and concerns and are experts in making people feel supported.

Our skilled and experienced team provides best practice psychology services to children, adolescents and adults.

We can help with:

- Anxiety
- Grief and loss
- Disabilities and the associated challenges
- Depression
- Trauma
- Parenting
- Stress management
- Anger management
- Behaviour management

We also offer comprehensive assessments for:

- Developmental delays
- Academic and learning issues
- Behavioural difficulties
- Cognitive functioning
- Autism

Frequently Asked Questions

How long is a counselling session?

Sessions with a psychologist run for between 50-55 minutes.

What should I expect on my first psychology visit?

Expect to be made to feel comfortable and welcome. You may have to complete some simple forms prior to the session. Most of the first session will be spent getting to know one another, setting goals and having as many of your questions about the process answered.

Is the information I share with my therapist treated confidentially?

Yes. We strictly adhere by the guidelines of the National Privacy Principles. We care about your privacy, and do everything to protect your private details. Your personal information will not be disclosed except when legally required to do so.

Is there a difference between a counsellor and a psychologist?

From an academic and professional perspective, there is a distinct difference between a counsellor and a psychologist. A psychologist must complete at least six years of training and becomes an expert in how people behave and the emotions that affect their behaviour. However, from a practical perspective, a psychologist counsels clients, and therefore is often known as a counsellor.

Can I claim from Medicare or private health insurance for counselling services with your psychologists?

Yes, individual and group sessions are supported by Medicare when you have a referral, in the form of a Mental Health Care Plan, from your GP, psychiatrist or paediatrician. Eligible people can receive rebates on:

- Ten individual counselling sessions in a calendar year.
- Ten group therapy sessions in a calendar year.

You can still see a psychologist even if you do not have a referral. Some clients choose to attend on a 'self-referred' basis. You may also be able to claim from private health insurance but you will need to contact your insurance provider to find out what you are covered for.

Current Telethon Speech & Hearing families will be bulk billed if psychological intervention is provided via the Medicare Better Access to Mental Health Care Initiative.

Net proceeds from this service will go towards supporting the work of Telethon Speech & Hearing, a not for profit organisation assisting children and adults with hearing and speech impairments.

*We are happy to talk with you about our fee structure.
If you would like more information, please contact
Reception on 08 9387 9888.*